



Atlanta Women's

OBSTETRICS & GYNECOLOGY, PC

Women Proudly Caring for Women

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Procedure:

Hysterosalpingogram (HSG)

Indication:

HSG is an outpatient procedure that is performed between the 7th and 10th day of your menstrual cycle. An HSG is done to examine the uterus and fallopian tubes to reveal abnormalities such as polyps, fibroids, injuries, foreign objects or blockages which may cause painful menstrual cycles, repeated miscarriage or infertility.

Prep:

Prior to an HSG you should refrain from sexual intercourse for one (1) week and inform your physician of the following:

- If you are pregnant or if you might be pregnant.
- If you have pelvic inflammatory disease (PID) or any sexually transmitted disease (STD).
- If you are allergic to iodine dye.
- If you have asthma.
- If you are allergic to any medications.
- If you take a blood thinning medication such as Coumadin or aspirin or if you have a history of bleeding problems.
- If you have diabetes or kidney problems.
- If you take Metformin (Glucophage).

Description: HSG is an outpatient x-ray procedure that usually lasts thirty (30) minutes. You will be offered an ibuprofen prior to the procedure to reduce cramping and help you relax.

During the HSG, you will be undressed from the waist down and lie on your back with your feet in stir-ups. A speculum will be inserted into the vagina. A catheter will be inserted through the cervix into the uterus. A contrast dye liquid will be injected through the catheter. The technician will take continuous x-rays of your uterus and fallopian tubes to evaluate the flow of the dye. You may experience a slight discomfort during the HSG and some vaginal leakage after the procedure.

Recovery:

Please inform your physician if you experience any of the following:

- Bleeding in excess of one (1) tampon or pad per hour.
 - Vaginal bleeding that continues for more than 3-4 days.
 - Fever greater than 100.5F
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